

Chapter 6
Faith
Complete Confidence and Belief

Faith – “belief, hope, credence, confidence, trust”. Faith, at times, can be *all* we have when we feel that we have *nothing* else at all. Faith is a state of mind that spawns into action. To *believe* is to *achieve*. One of a person’s best attributes is *confidence*. Believe your worth and *trust* that you **are** better than you think you are. *Hope* and *credence* keeps visions and dreams alive. With no faith what do we aspire for? How do we progress? Who do we trust? When do we begin? Where does it end? Without faith, our life is immobile.

Some look at faith and can’t understand its process, they find it difficult to believe in something that provides little to no evidence of existence or possibility. I personally believe this is part of the reason why the word “*Faith*” is correlated with *religion*. (I won’t get into all that though). For me, faith has got me through many circumstances, *some good* and *some bad*. Having faith didn’t assure me any particular type of outcome, but it did build confidence and help eliminate fears which eased my mind during the process.

Here are some examples of circumstances in my life where I exercised faith to cope with or progress through the situation.

(Some Good)

| <i>Event</i> | <i>Credence</i> |
|---|---|
| *Communicating with my higher power through prayer | <i>Faithful</i> that my prayers will be answered by a power greater than my own |
| *Competing in recreational activities | <i>Confidence</i> that I can lead myself and/or my team to victory |
| *Entering a job interview | <i>Believing</i> that I possess the skills and knowledge to earn the position |
| *Comforting a family member hospitalized with health problems | <i>Hopeful</i> that they will overcome the illness and regain their health |
| *Surrendering to a better life on earth | <i>Trusting</i> myself to make positive and healthy decisions |

(Some Bad)

| <i>Event</i> | <i>Credence</i> |
|--|---|
| *Selling Drugs | <i>Faithful</i> that the transaction will exclude complications |
| *Performing Robberies | <i>Confident</i> that I'm able to get in and out flawlessly |
| *Cheating on my girlfriend | <i>Believing</i> that she will never find out |
| *Waiting to be sentenced to prison | <i>Hopeful</i> that the judge will be lenient |
| *Getting into street fights and brawls | <i>Trusting</i> my strength and fighting ability |

This is a very limited list of events. Faith is used more often than one may think the list could go on and on. Faith is the most significant step in conquering a goal and goals are substantially valuable to succeeding in life. Can you recall similar situations in your life where you too have used faith? Swiftly think about those moments and imagine not having faith to get you through. My guess is that without faith you would have disengaged from the situation and never attempted the feat in the first place. This explains the magnitude of **faith** and why it is so important for our progress.

I believe we were all put on this earth with a purpose and I have **faith** that all of us with hopes of achieving greatness **will** in fact do so. Success starts with us trusting ourselves as we also put faith in others to indeed rise above limitless heights. “*Believe the unbelievable*”.